

Senior Circle

April 2010

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	April 1, 6:30 to 8:30 pm Line Dance Party at VFW, 8760 RR 2243. \$5. at door			1 9:30 Stretch & Tone 6:30 to 8:30 pm Line Dance Party at VFW, 8760 RR 2243. \$5. at door.	2 Senior Cinema Movie at the Cedar Park Library "Emma"	3
	Senior Circle Anniversary Event April 29th at 10am at the Austin Sports Center!					
4	5 8:30 Breakfast Club 9:45 am Chair Yoga 2:00 pm Birthday Party 2:45 Member Orientation	6 9:30 am Tai Chi 10:30 am Beginner Tai Chi	7 8:30 Breakfast Club & Ambassador Meeting 1:30 Starter Line Dancing	8 9:30 Stretch & Tone Class	9 8:30 Breakfast Club 11:45 Senior Circle Seminar Dr., Christopher Danney, Texas Orthopedic	10
11	12 8:30 Breakfast Club 9:45 CYoga 1:30 Line Dance 3pm Collette Vac -New England Trip	13 9:30 am Tai Chi 10:30 am Beginner Tai Chi	14 8:30 Breakfast Club 1:30 Starter Line Dancing	15 9:30 Stretch & Tone Class Craft Class 10:30 am	16 8:30 Breakfast Club	17
18	19 8:30 Breakfast Club 9:45 am Chair Yoga 1:30 Line Dance Members	20 9:30 am Tai Chi 10:30 am Beginner Tai Chi	21 8:30 Breakfast Club 1:30 Starter Line Dancing	22 9:30 Stretch & Tone Class	23 8:30 Breakfast Club	24 Healthy Women 5K at CPRMC 8:30 am
25	26 8:30 Breakfast Club 9:45 am Chair Yoga 1:30 Line Dance Members	27 9:30 am Tai Chi 10:30 am Beginner Tai Chi	28 8:30 Breakfast Club 1:30 Starter Line Dancing	29  Senior Circle Anniversary Event 10am	30 8:30 Breakfast Club	